

Playworks Newsletter (10/21-10/24)



You all ROCK! Staff engagement was incredible last week, thanks for supporting the first "B Week" of the school year.

I will be back on campus next week, November 4-7.

Games



Remind students about the different core games and how they are available every day at recess.

- K-1: Switch, Banana Tag, Rock It Out Relay, 4-Line Soccer
- 2-5: **Switch, Watch Your Back Tag, Rock it Out Relay, 4-Line Soccer**

Play these games with your students during recess or as brain breaks if you're able!

Character Trait of the Month: RESPECT



Remind students to be respectful while playing games at recess. Examples of this include:

- Use butterfly fingers (or two-finger touch) while playing tag
- When in doubt, “rock it out” to solve minor problems and say “good job, nice try” while playing games during recess.
- Practicing good sportsmanship

After recess, ask students to reflect on how they were respectful at recess.

Junior Coach Leadership Program



- Remind JCs that it's a *privilege* to be in this leadership role and that it's important they take their duties seriously.
- **Expectations:** Follow recess expectations (be safe, be kind, be responsible), lead games during recess, and check in with recess staff before heading back to class.
- **Recess Rockstars:** Ms. Turner, Ms. Johnston, and the recess team are starting Recess Rockstars. This is an opportunity for JCs to highlight students who are ROCKSTAR students at recess.
- Thanks Ms. Loop for capturing this picture of one of our JC meetings 🥳

Recess Team



Good job, Recess Team! I always appreciate your high engagement in our meetings, and your willingness to play and try new things! I had a blast learning Ultimate Football with you.

DEI (Diversity, Equity, Inclusion)



What? Tag games where everybody's it!

Why? This promotes inclusion! When students don't have to ask who the tagger is, they can easily join the game. It also means that students can leave a game at anytime, and it won't disrupt the flow.

Whoosh Claps!

A whoosh clap to **Ms. Johnston** for creating a spreadsheet to keep track of all of our Recess Rockstars. This is super helpful--Rockwood is lucky to have you!

Resources

- **Playworks Game Guide:** you'll have to enter your email to receive access to this pdf, which includes hundreds of games.
- **Playworks National Youtube page:** tons of games, cheers, and cool downs.
- **Playworks Wisconsin Youtube page:** chants and cheers!
- **Playworks Indoor Game Guide:** a rainy day recess game guide that y'all can utilize when students are in classrooms or have limited space to play. Junior Coaches can also learn these games to help facilitate for the younger kiddos.
- **SparkPlay** is Playworks' subscription-based, online resource to support the continuous learning of safe and healthy play for school and youth development staff.

[Click here to email Coach M](#)